



Batangas State University

College of Nursing and Allied Health Sciences

Pablo Borbon Main I, Rizal Avenue, Batangas City, Batangas, Philippines

Tel No: (043) 300-2202 loc. 120, (043) 300-2273 loc. 1127 Email: batstateu.conahs@gmail.com



Program Curriculum – BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS

FIRST YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
MC 100	Human Anatomy and Physiology	3	3	0	-
MC 100L	Human Anatomy and Physiology (Lab)	2	0	6	-
MC 101	Biochemistry	3	3	0	-
MC 101L	Biochemistry(Lab)	2	0	6	-
GEd 101	Understanding the Self	3	3	0	-
GEd 105	Readings in Philippine History	3	3	0	-
Fili 101	KontekstwalisadongKomunikasyonsa Filipino	3	3	0	-
ND 101	Basic Foods I	2	2	0	-
ND 101L	Basic Foods I(Lab)	1	0	3	-
PE 101	Physical Fitness, Gymnastics and Aerobics	2	2	0	-
NSTP 111	National Service Training Program 1	3	3	0	-
TOTAL		27	22	15	

FIRST YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
MC 102	Microbiology and Parasitology	3	3	0	-
MC 102L	Microbiology and Parasitology (Lab)	1	0	3	-
ACTG 101	Accounting	3	3	0	-
GEd 104	The Contemporary World	3	3	0	-
GEd 102	Mathematics in the Modern World	3	3	0	-
ND 102	Basic Foods II	2	2	0	ND 101, ND 101L
ND 102L	Basic Foods II(Lab)	1	0	3	ND 101, ND 101L
ND 103	Basic Nutrition	3	3	0	ND 101, ND 101L, MC 101, MC 101L
ND 103L	Basic Nutrition(Lab)	2	0	6	ND 101, ND 101L, MC 101, MC 101L
PE 102	Rhythmic Activities	2	2	0	PE 101
NSTP 121	National Service Training Program 2	3	3	0	NSTP 111
BAT 101	Battery Exam	0	0	0	-
TOTAL		26	25	12	

SECOND YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
BST 101	Biostatistics	3	3	0	GEd 102
PSY 203	Developmental Psychology	3	3	0	-
GEd 106	Purposive Communication	3	3	0	-
GEd 108	Art Appreciation	3	3	0	-
Litr 101	Sosyedad at Literatura/Panitikang Panlipunan	3	3	0	-
ND 201	Meal Management	2	2	0	ND 101, ND 101L, ND 102, ND 102L, ND 103, ND 103L



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ND 201L	Meal Management(Lab)	1	0	3	ND 101, ND 101L, ND 102, ND 102L, ND 103, ND 103L
ND 202	Nutritional Assessment	2	2	0	ND 103, ND 103L
ND 202L	Nutritional Assessment(Lab)	1	0	3	ND 103, ND 103L
PE 103	Individual and Dual Sports	2	2	0	PE 101
TOTAL		23	18	6	

SECOND YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 203	Principles and Strategies of Teaching	3	3	0	-
ENG 101	Technical Writing	3	3	0	-
GE 107	Ethics	3	3	0	-
ND 204	Food Service Systems I	3	3	0	MC 102, MC 102L, ACTG 101
ND 204L	Food Service Systems I(Lab)	2	0	6	MC 102, MC 102L, ACTG 101
ND 205	Fundamentals of Food Technology	2	2	0	ND 101, ND 101L, ND 102, ND 102L, MC 102, MC 102L
ND 205L	Fundamentals of Food Technology(Lab)	1	0	3	ND 101, ND 101L, ND 102, ND 102L, MC 102, MC 102L
ND 206	Nutrition Care Process	2	2	0	ND 202, ND 202L
ND 206L	Nutrition Care Process(Lab)	1	0	3	ND 202, ND 202L
ND 207	Nutrition in the Life Stages I	2	2	0	ND 103, ND 202
ND 207L	Nutrition in the Life Stages I(Lab)	1	0	3	ND 103, ND 202
PE 104	Team Sports	2	2	0	PE 101
BAT 102	Battery Exam	0	0	0	-
TOTAL		25	23	15	

THIRD YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
GE 109	Science, Technology and Society	3	3	0	-
LOG 101	Logic	3	3	0	-
Fili 102	Filipino sa Iba't Ibang Disiplina	3	3	0	-
ND 301	Food Service Systems II	3	3	0	ND 204, ND 204L
ND 301L	Food Service Systems II(Lab)	2	0	6	ND 204, ND 204L
ND 302	Food and Nutrition Research I	3	3	0	BST 101, ND 202, ND 202L
ND 303	Nutrition Therapy I	2	2	0	ND 201, ND 201L, ND 202, ND 202L
ND 303L	Nutrition Therapy I(Lab)	1	0	3	ND 201, ND 201L, ND 202, ND 202L
ND 304	Nutrition in the Life Stages II	2	2	0	ND 207, ND 207L



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ND 304L	Nutrition in the Life Stages II(Lab)	1	0	3	ND 207, ND 207L
ND 305	Public Health Nutrition	3	3	0	ND 202, ND 202L; Junior Standing
TOTAL		26	22	12	

THIRD YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 306	Health Economics	3	3	0	-
GEEd 103	Life and Works of Rizal	3	3	0	-
Fili103	Retorika at MasingnaPagpapahayag	3	3	0	-
Litr 102	ASEAN Literature	3	3	0	-
ND 307	Food and Nutrition Research II	3	3	0	ND 302
ND 308	Nutrition Therapy II	2	2	0	ND 303, ND 303L
ND 308L	Nutrition Therapy II(Lab)	1	0	3	ND 303, ND 303L
ND 309	Nutrition Education	2	2	0	ND 206, ND 206L, ND 304, ND 304L, ND 202, ND 202L, ND 203
ND 309L	Nutrition Education(Lab)	1	0	3	ND 206, ND 206L, ND 304, ND 304L, ND 202, ND 202L, ND 203
ND 310	Competency Appraisal for Nutrition and Dietetics	3	3	0	-
TOTAL		24	22	6	

FOURTH YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 401	Food Service Practicum	6	-	-	All Professional Courses
ND 402	Public Health Nutrition Practicum	6	-	-	All Professional Courses
TOTAL		12	-	-	

FOURTH YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 403	Hospital Dietetics Practicum	12	-	-	All Professional Courses
TOTAL		12	-	-	

TOTAL NO. OF UNITS = 175

Note: 1 unit of lecture = 1 hour of class lecture per week
1 unit of laboratory = 3 hours of laboratory per week

Legend:
L - Laboratory