

**PROGRAM CURRICULUM**  
**Bachelor of Science in Nutrition and Dietetics**  
**2012-2013**

<b>FIRST YEAR – FIRST SEMESTER</b>								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
Eng 100	English Plus	0	3	0	0	0		
Fil 101	Komunikasyon sa Akademikong Filipino	3	3	0	0	0		
Chem 104	General Chemistry	5	3	6	0	0		
Bio 102	General Biology with Environmental Issues	3	2	3	0	0		
Math 103	College Algebra	3	3	0	0	0		
SS 101	General Psychology	3	3	0	0	0		
PE 101	Physical Fitness, Gymnastics and Aerobics	2	2	0	0	0		
NSTP 101	National Service Training Program 1	3	3	0	0	0		
<b>Total</b>		<b>22</b>	<b>22</b>	<b>9</b>	<b>0</b>	<b>0</b>		

<b>FIRST YEAR – SECOND SEMESTER</b>								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
Eng 101	Advanced Grammar and Composition	3	3	0	0	0	Eng 100	
Fil 102	Pagbasa at Pagsulat Tungo sa Pananaliksik	3	3	0	0	0	Fil 101	
Chem 105	Fundamentals of Organic Chemistry	5	3	6	0	0	Chem 104	
Hum 104	Logic	3	3	0	0	0		
Hum 101	Introduction to Humanities: Art Appreciation	3	3	0	0	0		
SS 108	Sociology with Anthropology	3	3	0	0	0		
PE 102	Rhythmic Activities	2	2	0	0	0	PE 101	
NSTP 102	National Service Training Program 2	3	3	0	0	0	NSTP 1	
<b>Total</b>		<b>25</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>		

<b>SECOND YEAR – FIRST SEMESTER</b>								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
ND 201	Basic Foods	3	2	3	0	0		
HRM 205	Culinary Arts and Sciences	4	2	6	0	0		
NUR 102	Human Anatomy and Physiology	5	3	6	0	0		
CHEM 106	Fundamentals of Biochemistry	5	3	6	0	0	CHEM 105	
ENG 102	Study and Thinking Skills	3	3	0	0	0	ENG 101	
PE 103	Individual and Dual Sports	2	2	0	0	0	PE 101	
<b>Total</b>		<b>22</b>	<b>15</b>	<b>21</b>	<b>0</b>	<b>0</b>		

SECOND YEAR – SECOND SEMESTER								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
ND 202	Basic Nutrition	4	3	3	0	0	ND 201, NUR 102	
PHY 101	Introduction to Physics 1	3	3	0	0	0		
ENG 103	Oral Communication	3	3	0	0	0	ENG 101	
LIT 101	Literatures of the Philippines	3	3	0	0	0		
STAT 101	Fundamentals of Statistics	3	3	0	0	0	MATH 103	
COMP 101	Introduction to Computer Science	3	2	3	0	0		
SS 113	Health Economics with Taxation and Land Reform	3	3	0	0	0		
PE 104	Team Sports	2	2	0	0	0	PE 101	
Total		24	22	6	0	0		

THIRD YEAR – FIRST SEMESTER								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
NUR 207	Microbiology and Parasitology	4	3	3	0	0		
ND 303	Nutrition in the Life Stages	3	2	3	0	0	ND 202	
ND 304	Meal Management with Regional and International Cuisine	4	3	3	0	0	ND 202	
ENG 104	Technical Writing	3	3	0	0	0	ENG 102	
SS 102	Philippine History	3	3	0	0	0		
HUM 103	Philosophy of Man	3	3	0	0	0		
ACTG 101	Accounting for Non-Accountants 1	3	3	0	0	0		
Total		23	20	9	0	0		

THIRD YEAR – SECOND SEMESTER								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
ND 305	Health Care with Related Experience (RLE)	5	3	6	0	0	NUR 102	
ND 306	Food Service System 1	3	2	3	0	0	ACTG 101, ND 303, NUR 207	
ND 307	Fundamentals of Food Technology	3	2	3	0	0	ND 201, NUR 207	
ND 308	Nutrition Therapy 1	3	2	3	0	0	ND 201, ND 303	
ND 309	Assessment of Nutritional Status	3	2	3	0	0	ND 302	
EDUC 305	Principles and Strategies of Teaching	3	3	0	0	0		
SS 106	Politics and Governance with Philippine Constitution	3	3	0	0	0		
Total		23	17	18	0	0		

FOURTH YEAR – FIRST SEMESTER								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
ND 410	Food Service System 2	3	2	3	0	0	ND 306	
ND 411	Nutrition Therapy 2	3	2	3	0	0	ND 308	
ND 412	Public Health Nutrition	3	3	0	0	0	ND 309	
ND 413	Food and Nutrition Research	3	2	3	0	0		
EDUC 401	Nutrition Education	3	2	3	0	0	EDUC 305	
SS 104	Life and Works of Rizal	3	3	0	0	0		
LIT 102	Literatures of the World	3	3	0	0	0	ENG 102	
Total		21	17	12	0	0		

FOURTH YEAR – SECOND SEMESTER								
Course Code	Course Title	Credit/s	Hour/s		RLE		Pre-Requisite/s	Co-Requisite/s
			Lec	Lab	SL	C		
ND 414	Hospital Dietetics Practicum	4	0	0	0	200	All Professional Subjects	
ND 415	Food Service Practicum	3	0	0	0	150	All Professional Subjects	
ND 416	Public Health Nutrition Practicum Health Nutrition	5	0	0	0	250	All Professional Subjects	
Total		12	0	0	0	600		